

Triund Trek By Summit Adventures



Summit Adventures camp and lodge at TriundTop

Day 01: Bhagsu Nag – Triund(2875m), 9 kms, 5 hours walk

The day begins at 8:30 AM sharp at the Summit Adventures office, where all participants gather for a final briefing and equipment check. Soon after, we set out on our trek to Triund, starting directly from the Summit Adventures base. The trail takes us on a steep ascent through a mixed forest of oak, rhododendron, and deodar trees. The climb, though demanding, offers a refreshing experience as we move deeper into nature's embrace. As we reach Triund, we find ourselves standing on a beautiful alpine meadow that rests atop a high ridge. From here, we enjoy spectacular close-up views of the snow-covered Dhauladhar peaks on one side and the expansive Kangra Valley on the other. We pitch our tents and settle in for an overnight stay, surrounded by the peace and grandeur of the Himalayas, under a starlit sky.

Day 02: Triund- BhagsuNag 9 km 4 hours walk

After enjoying a warm breakfast at Triund, we begin our descent from the meadow, leaving behind the majestic views of the Dhauladhar range. Instead of retracing our original path, we take an alternate scenic route via Laheta village, offering a fresh perspective of the landscape. The trail gradually winds downhill through lush forests and quiet mountain paths, eventually leading us to the picturesque Bhagsu Waterfall, a popular spot known for its natural beauty and refreshing ambiance. The entire descent takes approximately four hours, with the trail offering occasional glimpses of local village life and panoramic views of the Kangra Valley. We conclude our trek near

Bhagsu Nag, a charming village known for its ancient temple and vibrant atmosphere. The trek comes to a satisfying end by early afternoon, leaving us with a sense of accomplishment and a heart full of Himalayan memories.

Per Person Price of Triund trek by Summit Adventures

02 Pax : 4200 INR + GST per person

03 to 04 Pax : 3700 INR + GST per person

05 to 08 Pax : 3500 INR + GST per person

09 to 12 Pax : 3200 INR + GST per person

12 to 15 Pax : 3000 INR + GST per person

Price includes :

- 01-night stay at Triund in trekking-style alpine tents or mountain lodge (subject to availability) on a twin-sharing basis
- Sleeping bags and soft foam mattresses provided for a comfortable overnight stay
- Basic kitchen facility available at the campsite for preparing fresh meals
- All vegetarian meals included from lunch on Day 1 to breakfast on Day 2
Meals include packed lunch (Day 1), evening snacks, hot dinner (Day 1), breakfast and light snacks (Day 2)
- Trained and experienced cook stationed at Triund to prepare fresh, hygienic meals using local ingredients
- Dry pit toilet tents set up at the campsite for eco-friendly sanitation
- Toilet access available in the lodge if staying there (subject to water availability)
- Certified and experienced trekking guide provided for both days to ensure safety and share trail insights
- All forest entry fees and required permits included as per local eco-tourism guidelines
- GST

Price does not include :

- Transport to and from the trek starting point (Bhagsu/Dharamkot/Mcleodganj)
- Personal trekking gear (trekking poles, raincoats, gloves, torch, etc.)
- Bottled water, soft drinks, or snacks not part of the set meals
- Any kind of personal insurance or medical coverage
- Porter or mule services for carrying personal luggage (available at extra cost)
- Tips for guide or cook (optional but appreciated)
- Any expenses arising due to unforeseen events such as bad weather, natural calamities, or medical emergencies
- Any costs not mentioned in the “What’s Included” section

Booking & Cancellation Policy

Booking Terms:

- A 50% advance payment is required at the time of booking to confirm your participation.
- The remaining balance (full and final payment) must be cleared at least 7 days prior to the trek start date.

Cancellation Policy:

- Cancellations made 8 days or more before the trek start date will incur a 25% cancellation fee of the total trek cost.
- Cancellations made within 7 days of the trek start date are non-refundable.

Note: No refunds will be issued for no-shows, last-minute cancellations, or early departures from the trek.

Laka Glacier Trek with Summit Adventures

Route: Dharamshala – Bhagsu – Triund – Laka Glacier – Mcleodganj

Duration: 02 Nights / 03 Days

Maximum Elevation: 3,200 m AMSL

Starting Point: Bhagsu Nag (Near Mcleodganj)

Best Time to Visit: March to December



Day 1: Bhagsunag - Triund

After an early breakfast at your hotel in Dharamshala or Mcleodganj, the trek begins from Summit Adventures office in Bhagsu Nag village at 8:30 am. The trail ascends steeply through a lush forest filled with oak, rhododendron, and deodar trees. This part of the trek takes around four hours and offers refreshing views and occasional glimpses of local wildlife and birds. A packed lunch is enjoyed en route. By afternoon, you reach Triund — a beautiful alpine meadow located on a high ridge that offers stunning panoramic views of the snow-covered Dhauladhar peaks on one side and the expansive Kangra Valley on the other. The evening is spent around a cozy bonfire (weather permitting), followed by dinner. You'll stay overnight in trekking tents set up at Triund.

Day 2: Triund - Laka - Triund

After a hot breakfast at the Triund campsite, the trek continues further towards Laka Got, the base of the Laka Glacier. The trail traverses along glacial moraines and rocky patches, gradually opening up to a scenic high-altitude meadow known for its shepherd encampments. Laka Got lies at the snout of the Laka Glacier, which remains snow-covered from March to June. Here, you can rest and take in the incredible views of the surrounding mountains. A packed lunch is served at the glacier base. After spending some time exploring the area, you retrace your steps back to Triund. The return journey offers new perspectives of the trail. Upon arrival at Triund, enjoy a hot dinner and a second overnight stay in tents.

Day 3: Triund - Bhagsunag

After breakfast, the final leg of the trek begins as you descend back to Bhagsu Nag. You have the option to follow the same trail back or take an alternative route via Laheta village, which is steeper but offers a different landscape and fewer crowds. The descent takes about four hours. Upon reaching Bhagsu Nag, the trek concludes. Lunch can be arranged at Bhagsu (not included), and for those who wish to freshen up, a room can be arranged for wash and change before continuing to your next destination.

Per person price :

02 pax : 8300 INR + GST per person

03-04 Pax : 7800 INR + GST per person

05-08 Pax : 7500 INR + GST per person

09 to 12 Pax : 3200 INR + GST per person

12 to 15 Pax : 3000 INR + GST per person

Price Includes

- 02-night accommodation in trekking tents on twin sharing basis (Triund)
- Sleeping bags and foam mattresses
- All vegetarian meals during the trek (from lunch on Day 01 to breakfast on Day 03)
- Trained cook to prepare fresh meals at campsite
- Trekking guide for the entire 03-day trek
- Dry-pit toilet tents at the campsite
- Forest entry fees and all necessary permits
- First aid kit

Price Does Not Include

- Transport to and from Bhagsu Nag / Dharamkot / Mcleodganj
- Meals or drinks not specified in the itinerary
- Personal trekking gear (raincoats, torches, walking sticks, etc.)
- Porter or mule service for carrying personal luggage (available at extra cost)
- Travel insurance or medical expenses
- Tips to guide, cook, or staff (optional)
- Room for wash & change at end of trek (available on request at additional cost)

- Any costs arising due to natural calamities, delays, or unforeseen circumstances
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Booking & Cancellation Policy

Booking Terms:

- 50% advance payment required at the time of booking
- Full and final payment to be made at least 7 days prior to the trek starting date

Cancellation Charges:

- 08 days or more before the trek: 25% cancellation fee
- Less than 08 days before the trek: No refund

Note: No refunds for last-minute cancellations, no-shows, or early departures.

Indrahar Pass Trek with Summit Adventures

Route: Mcleodganj – Triund – Laka – Indrahar Pass – Laka – Mcleodganj

Duration: 03 Nights / 04 Days

Maximum Elevation: 4,300 m AMSL

Best Time to Visit: April to June & September to November



Trek Overview

The Indrahara Pass trek is one of the most iconic and scenic treks in the Dhauladhar range of the outer Himalayas. Known for its challenging ascents and stunning alpine landscapes, this trek rewards hikers with breathtaking views of the Pir Panjal range on one side and the Kangra valley on the other. The climb to Indrahara Pass is steep and strenuous, especially during the pre-monsoon months when snow and ice dominate the trail. In the post-monsoon period, trekkers navigate narrow rocky paths to reach the summit. Beyond the pass lies the secluded Chamba Valley and remote Himalayan villages such as Kuwarsi.

Day 1: Bhagsunag - Triund

After a short 10-minute drive from your hotel to Bhagsu Nag, the trek begins with a steep ascent through a lush forest of oak, rhododendron, and deodar trees. The trail winds its way uphill for about four hours before reaching Triund, a high-altitude alpine meadow perched on a ridge. From Triund, you'll enjoy a panoramic view of the majestic Dhauladhar peaks on one side and the towns of McLeodganj and Dharamshala on the other. Spend the evening at leisure, soaking in the mountain silence. Dinner and overnight stay in trekking tents at Triund.

Day 2: Triund - Laka

After breakfast, begin your trek to Laka Got with a scenic detour to Khabrotu, a viewpoint that offers jaw-dropping vistas of the snow-covered Dhauladhar range. This day is relatively short to allow for altitude acclimatization, preparing you for the steep climb to Indrahara Pass the next day. Laka Got, located at the snout of a glacier, is often blanketed in snow from April

to mid-June, gradually receding in the post-monsoon months. Upon arrival, settle into your tents. Enjoy a warm meal and rest for the night under the stars.

Day 3:Laka - Indrahar - Laka

An early start is crucial today as you ascend from Laka Got to the Indrahar Pass, situated at a height of 4,300 meters. The climb takes around 4 to 5 hours and involves navigating steep, narrow, and often snow-covered trails (especially from April to June). Trekkers may have to walk across soft snow and icy patches during the pre-monsoon season. Reaching the top is a triumph in itself, as you're greeted by the spectacular sight of the Pir Panjal range stretching across the horizon, with the vast Kangra valley below. Spend some time at the summit soaking in the views, then begin your descent back to Laka Got, which takes approximately three hours. Dinner and overnight stay at Laka campsite.

Day 4:Laka - Bhagsunag

After breakfast at the Laka Got camp, begin your descent to Triund and continue further down via the alternate route through Laheta village. This trail offers a different perspective of the landscape and is slightly steeper. The trek ends near the beautiful Bhagsu waterfall, where you can enjoy your packed lunch by the stream. From the waterfall, it's a short 20-minute walk to the road head at Bhagsu village. This marks the end of the trek.

Per person Price

02 pax : 18000 INR + GST per person
03 to 04 Pax : 16000 INR + GST per person
05 to 08 Pax : 15000 INR + GST per person
09 to 11 Pax : 14000 INR + GST per person
12 to 15 Pax : 13000 INR + GST per person

Price Includes

- Accommodation for 03 nights in trekking tents on twin sharing basis
 - Sleeping bags and foam mattresses
 - All vegetarian meals from lunch on Day 1 to lunch on Day 4
 - Experienced mountain guide for 04 days
 - Trained cook to prepare fresh meals at camp
 - Entry fee and forest permits
 - Dry-pit toilet tents at campsites
 - Bonfire at Triund or Laka (subject to weather)
 - First-aid kit
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Price Does Not Include

- Transportation to/from Mcleodganj or Bhagsu
- Personal trekking gear (jackets, shoes, rainwear, torches, trekking poles, etc.)
- Porter or mule services for carrying personal luggage (available at extra cost)
- Bottled water, snacks, or beverages not part of the itinerary
- Room for wash/change after trek (can be arranged on request at additional cost)

- Tips to staff, guide, or cook (optional)
 - Medical or travel insurance
 - Any expenses arising due to natural calamities, delays, or unforeseen circumstances
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Booking & Cancellation Policy

Booking Terms:

- 50% advance payment required at the time of booking
- Balance payment to be made at least 7 days before the trek starts

Cancellation Charges:

- 8 days or more before the start date: 25% cancellation fee
- Less than 8 days before start date: No refund

Gaddi Kingdom Trek

Route: Satobari – Kareri Village – Bahl Village – Triund – Bhagsu Nag Village – Mcleod Ganj

Total Duration: 04 Days

Days on Trek: 03 Nights / 04 Days

Maximum Elevation: 3,200 m AMSL

Starting Point: Satobari (near Mcleod Ganj)

Trek Rating: Easy

Best Time to Visit: March to June & September to December



Trek Overview

The Gaddi Kingdom Trek takes you through the traditional homeland of the Gaddi people—Himachal's semi-nomadic shepherd community. This scenic trail passes through remote Himalayan villages, pine and rhododendron forests, glacial streams, and ends at the breathtaking Triund ridge with views of the snow-draped Dhauladhar range. It's a perfect mix of culture, natural beauty, and gentle adventure—ideal for those who want a trek that's off the beaten track yet not too demanding.

Itinerary

Day 1: Mcleod Ganj – Satobari – Kareri Village (1,850 m)

After a 15-minute drive from your hotel in Mcleod Ganj, you reach Satobari, the starting point of the trek. From here, the trail descends gently for about two hours, passing through scenic hamlets like Barnet, before reaching Ghera village. You cross a small stream over a makeshift bridge and begin a steady uphill climb for the next three hours through thick forest and terraced farmland. The day's hike ends at Kareri village, nestled beside a clear mountain stream. Pitch camp here for the night and enjoy a peaceful evening under the stars.

Day 2: Kareri Village – Bahl Village (2,000 m)

After breakfast, begin a scenic walk through remote tribal territory. The first two hours are a mix of gentle uphill and descents until you reach Rawa village, located on the banks of the Rawa River. From here, the trail becomes steeper as you ascend through dense pine and cedar forest for about two hours before arriving at Bahl village. This quiet settlement offers a glimpse into traditional mountain life. Camp near the village, surrounded by high ridges and untouched wilderness.

Day 3: Bahl Village – Triund (2,875 m)

Leaving behind the last signs of habitation, you now head deep into the Dhauladhar mountain range. The trail climbs steadily through a mixed forest of oak, rhododendron, and deodar trees, winding its way toward Triund, a wide alpine pasture resting on a ridge. Triund rewards trekkers with one of the most magnificent views in the region—snowcapped

Dhauladhar peaks to the north and the green expanse of the Kangra valley below. Set up camp here and enjoy a bonfire dinner under a star-filled sky.

Day 4: Triund – Bhagsu Nag Village – Mcleod Ganj (9 km)

After breakfast at camp, begin your descent toward Bhagsu village. The downhill trail takes about four hours, with an optional detour to the cascading Bhagsu Waterfall, where you can unpack your lunch and relax by the stream. From here, it's a 20-minute walk to the road head. You can either stay in Bhagsu village or continue walking for another 15 minutes to reach Mcleod Ganj, marking the end of the trek. Check in to your guesthouse or continue with your onward journey.

Per person Price

02 pax : 18000 INR + GST per person

03 to 04 Pax : 16000 INR + GST per person

05 to 08 Pax : 15000 INR + GST per person

09 to 11 Pax : 14000 INR + GST per person

12 to 15 Pax : 13000 INR + GST per person

Price Includes

- 03 nights accommodation in trekking tents on twin sharing
 - Sleeping bags, foam mattresses, and camping gear
 - All vegetarian meals from lunch on Day 1 to lunch on Day 4
 - Local, experienced trekking guide for 4 days
 - Cook to prepare fresh meals at campsites
 - Entry fees, forest permits, and camping charges
 - Toilet tents (dry pit system)
 - First-aid kit and safety gear
 - Bonfire at Triund (subject to weather)
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Price Does Not Include

- Transport to/from Mcleod Ganj or Satobari (can be arranged on request)
 - Personal trekking equipment (jackets, walking sticks, rainwear, torch, etc.)
 - Bottled drinks, energy bars, or snacks not included in the itinerary
 - Porter or mule service for personal luggage (available at additional cost)
 - Tips to guide, cook, or support staff (optional)
 - Room for wash/change after trek (can be arranged at extra cost)
 - Medical or travel insurance
 - Expenses due to weather conditions, landslides, or natural calamities
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Booking & Cancellation Policy

Booking Terms:

- 50% advance payment at the time of booking

- Remaining 50% to be paid at least 7 days before trek start date

Cancellation Charges:

- Cancellations made 8 days or more before start date: 25% cancellation fee
- Cancellations made less than 8 days before start date: No refund